Emergency First Aid at Work

What will I study?

The syllabus consists of eight areas which are briefly outlined below;

- Roles and responsibilities. Candidates should understand the terminology used in first aid.
- First-aid incidents. Candidates should know how to assess an incident.
- Unconscious casualties. Candidates should know how to manage an unconscious casualty.
- Cardiopulmonary resuscitation. Candidates should know how to manage a casualty who is not breathing normally.
- Choking. Candidates should know how to treat a casualty who is choking.
- Bleeding. Candidates should know how to manage a casualty who has a bleeding injury.
- Shock. Candidates should know how to manage a casualty who is in shock.
- Minor injuries. Candidates should know how to treat minor injuries that commonly occur in the workplace

How will I be assessed?

With this qualification candidates must participate in all three assessment activities and complete a test paper to demonstrate competence in first-aid procedures for the management of a casualty who is;

- unresponsive and breathing normally (recovery position)
- unresponsive and not breathing normally (cardiopulmonary resuscitation)
- bleeding externally and who is in shock

The trainers will conduct the assessment on the day and will complete a simplified candidate assessment record and submit this to the award body for the results to be processed.